

Honest Questions and Sincere Tears

PASTOR ZAC HESS • PSALM 6

THE
BOOK
OF

Psalm

WARM UP

What's the most surprising thing that's happened to you in another state or country?

MINISTRY OPPORTUNITY

Lifewise Academy • We're excited to announce that we will be hosting LifeWise Academy classes for students from Worthington Park Elementary School on Wednesdays, January 31–May 8, from 10:00 a.m.–2:00 p.m. in the Worship Center classrooms. This is an exciting Bible education program for public school students who may not have other opportunities to hear and learn the Gospel. To learn more or volunteer, visit LifeWise.org/WorthingtonOH.

WITNESS

- Who are the people in your sphere of influence you're praying will come to know Jesus or are seeking to share the Gospel with?
- Share any progress/updates. Pray together for God to use you and your Grace Group to influence these people for Jesus.

EXPLORE

- 1 What resonated with you from the sermon?
- 2 How and what can God teach us through our suffering?
- 3 How do verses 4,5 teach us to pray in the midst of our suffering?
- 4 Just as David does in verses 8–10, what are some ways we can preach redeeming truths to ourselves during suffering? What are some of those redeeming truths?
- 5 How do we respectfully and sensitively strengthen others in their suffering? What are ways we can strengthen their faith when they are struggling like David in Psalm 6?
- 6 How do you sense the Lord leading you to apply this passage?

PRAY

Pray to the Lord for yours or another's suffering right now. As David does, pray earnestly that the Lord would provide deliverance from that suffering, and at the same time, thank God for the confidence you can have in Him.

COMING UP GRACEPOLARIS.ORG/CALENDAR

Communion Sunday, February 4 • 5:00 p.m. • Ministry Center • We reaffirm our gratitude to Jesus and commitment to His family through threefold communion. All believers are welcome as we reflect and celebrate God's work on our behalf. Bring a dish to share. Ministry for children Birth–Kindergarten will be available after the love feast. Feel free to simply observe if you wish.

Baptism Class Sunday, February 11 • 10:45 a.m. • WC 10 • If you're a follower of Jesus but haven't been baptized, join us for this one-week class to gain a biblical understanding of baptism. Your church family looks forward to celebrating with you during our worship services on March 3. RSVP for this required class and apply to be baptized at GracePolaris.org/Baptism or text "Baptism" to 614-888-7733.