# Safe and Secure PASTOR ZAC HESS • PSALM 4



# WARM UP

What was your favorite experience over the holidays?

#### **MINISTRY OPPORTUNITY**

**Lifewise Academy •** We're excited to announce that we will be hosting LifeWise Academy classes for students from Worthington Park Elementary School on Wednesdays, January 31–May 8, from 10:00 a.m.–2:00 p.m. in the Worship Center classrooms. This is an exciting Bible education program for public school students who may never have other opportunities to hear and learn the Gospel. To learn more or volunteer, visit LifeWise.org/WorthingtonOH.

## COMING UP

# GRACEPOLARIS.ORG/CALENDAR

**Men's Bible Training** Wednesdays, January 24–April 24 • 6:45 p.m. • MC 8–9 • Men of all ages are invited to join Pastor Zac Hess and Pastoral Resident Wes Nottingham in exploring the book of 2 Corinthians. Together we'll learn how to study the Bible, grasp key biblical concepts, and grow in our love for God. Register for just \$5 per person at GracePolaris.org/MBT or text "MBT" to 614-888-7733.

**Communion** Sunday, February 4 • 5:00 p.m. • Ministry Center • We reaffirm our gratitude to Jesus and commitment to His family through threefold communion. All believers are welcome as we reflect and celebrate God's work on our behalf. Bring a meal for yourself and your family. Ministry for children Birth–Kindergarten will be available after the love feast. Feel free to simply observe if you wish.

#### WITNESS

- Who are the people in your sphere of influence you're praying will come to know Jesus or are seeking to share the Gospel with?
- Share any progress/updates. Pray together for God to use you and your Grace Group to influence these people for Jesus.

## EXPLORE

- 1 What resonated with you from the sermon?
- 2 In what or who do we typically find safety? Where does David instruct us to find safety and what does that look like or involve?
- 3 How can living distinct from the culture be an invitation to the culture? What are ways we can use our hopeful living as followers of Jesus to invite the culture into that same hope?
- 4 Read verse 4. What does it look like to live this out? Why might pondering be an integral part to anger that is devoid of sin? How can we walk in trust with the Lord despite the chaos around us?
- 5 In verse 6, what is significant about the "good" being defined as joy and peace in verses 7,8? What does joy in your heart actually mean and look like?
- 6 How do you sense the Lord is leading you to apply this passage?

### PRAY

Pray that the Lord would always help you respond well to what is happening in the world around you and the relationships around you. Pray that He would help you point others to Him in all situations..

