

The Grace to Be...

PASTOR DAN GREEN, PASTORAL RESIDENT LUCAS CONE,
& PASTOR DAVE NICODEMUS • PHILIPPIANS 4:10–23

PHILIPPIANS *Transcendent Joy*



WARM UP

What are you most thankful for?

COMING UP

[GRACEPOLARIS.ORG/CALENDAR](https://gracepolaris.org/calendar)

Volunteer to Decorate for Christmas Friday & Saturday, December 3 & 4 • To sign up, visit [GracePolaris.org/Decorate](https://gracepolaris.org/Decorate) or text “Decorate” to 614-888-7733.

A Family Christmas Celebration Friday & Saturday, December 10 & 11 • WC Auditorium • To learn more and purchase tickets, visit [GracePolaris.org/Christmas](https://gracepolaris.org/Christmas) or text “Christmas” to 614-888-7733.

Jingle Jam Saturday, December 18 • 9:00 a.m.–12:00 p.m. • MC Multipurpose Room • *Space is limited.* To reserve your family’s spot by December 15, visit [GracePolaris.org/Jingle](https://gracepolaris.org/Jingle) or text “Jingle” to 614-888-7733.

WITNESS

- Who are the people in your sphere of influence you’re praying will come to know Jesus?
- Share any progress/updates. Pray together for God to use you and your Grace Group to influence these people for Jesus.

EXPLORE

- 1 Have you ever wanted to help someone in need, but had no opportunity or outlet to do so? How did you feel in that situation?
- 2 Paul asserts that contentment is not a product of circumstances but a result of perspective. How can he say that? What enables this perspective?
- 3 Have you ever been in a situation where you had little (money, time, opportunity, etc.) but truly experienced contentment? Describe that experience.
- 4 When one person suffers, it makes a world of difference whether that person suffers in isolation and anonymity, or whether they suffer in the midst of others and others’ care. Why?
- 5 Explain 4:17 in light of the context. What is Paul trying to communicate in that verse?
- 6 Describe the various ways that 4:19 would be a tremendous encouragement to the Philippians.
- 7 What’s the connection between “the grace of the Lord Jesus Christ” (4:23) and a heart of contentment and gratitude?

PRAY

Ask the Lord to help you embrace Him in all circumstances, knowing He will strengthen you.