# A Worthy Workout

PASTOR IONATHAN WILEY • PHILIPPIANS 2:12-18



#### **WARM UP**

What is something you have enjoyed this fall?

#### **COMING UP**

GRACEPOLARIS.ORG/CALENDAR

Trunk or Treat Thursday, October 21 • 6:00-8:30 p.m. • North Parking Lot

**Local Witness Teams Training** Sundays, October 31–December 5 • 9:00 a.m. • MC 1 • To register by October 24, visit GracePolaris.org/WTT or text "WTT" to 614-888-7733.

**Chonda Pierce: Live in Concert** Sunday, November 7 • 7:00 p.m. • WC Auditorium • To purchase your VIP or general admission access, visit GracePolaris.org/Tickets or text "Tickets" to 614-888-7733.

#### WITNESS

- Who are the people in your sphere of influence you're praying will come to know Jesus?
- Share any progress/updates. Pray together for God to use you and your Grace Group to influence these people for Jesus.

## **EXPLORE**

- 1 Paul commends the Philippians for their obedience, especially in his absence (2:12). What does circumstantial obedience reveal about a person's heart? How consistent is your obedience?
- 2 "Let go and let God." "God helps those who help themselves." What's wrong with these statements? Explain how believers work out their salvation with fear and trembling as God works in them (2:12,13)? How do God's work and our work gel in perfect harmony?
- Paul says that God works in believers "to will and to act for His good pleasure" (2:13). How does God change our desires? What part do we play? How have you seen Him change your desires?
- 4 Are you more susceptible to grumbling or to arguing (2:14)? According to Paul, is it acceptable for believers to grumble and complain about the society/culture in which they live? Explain.
- 5 How do followers of Jesus shine brightly in the midst of the "warped and crooked" generation around us (2:14,15)? What can ruin our witness or darken our light? To what extent would any accusations against you be founded? Explain.
- 6 Paul is intent on paying any price for the spiritual benefit of the Philippians so he can boast in God's work in them on the day of Christ and know that his labor for them was not in vain (2:16). What do you live for? How are your life's priorities impacted by the upcoming day of Christ?
- 7 Paul has joy at the thought of his life being poured out as the "cherry on top" of the sacrificial offering of the Philippians' service to the Lord (2:17,18). How could Paul be glad and full of peace despite the prospect of sacrifice, persecution, or martyrdom? How does your perspective on your life need to change?

### PRAY

Pray that God would help you "work out" what He is "working in" your heart.

