

***Conduct: Walking in the  
Way of our Father***

***PASTOR ZAC HESS • EPHESIANS 4:25–5:14***



*Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.*

*Be angry and do not sin; do not let the sun go down on your anger,*

**Ephesians 4:26**

*and give no opportunity to the devil.*

*Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.*



*Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.*

*And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.*

*Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.*



*Be kind to one another, tenderhearted, forgiving one another,  
as God in Christ forgave you.*

*Therefore be imitators of God, as beloved children.*

*And walk in love, as Christ loved us and gave Himself up for us, a fragrant offering and sacrifice to God.*

*But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.*

*Let there be no filthiness nor foolish talk nor crude joking,  
which are out of place, but instead let there be thanksgiving.*



*For you may be sure of this, that everyone who is sexually immoral or impure, or who is covetous (that is, an idolater), has no inheritance in the kingdom of Christ and God.*

*Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.*

*Therefore do not become partners with them;*

**Ephesians 5:7**

*for at one time you were darkness, but now you are light in the Lord. Walk as children of light*

*(for the fruit of light is found in all that is good and right and true),*



*and try to discern what is pleasing to the Lord.*

*Take no part in the unfruitful works of darkness, but instead expose them.*

**Ephesians 5:11**

*For it is shameful even to speak of the things that they do in secret.*

**Ephesians 5:12**

*But when anything is exposed by the light, it becomes visible,*

**Ephesians 5:13**

*for anything that becomes visible is light. Therefore it says,  
“Awake, O sleeper, and arise from the dead, and Christ will  
shine on you.”*



Children of God mimic  
their Father by walking  
in love and light.



*but as He who called you is holy, you also be holy in all your conduct,*

*since it is written, “You shall be holy, for I am holy.”*

Godly conduct is  
marked by controlled  
emotions. (4:26–31)





*So the anger of the LORD was kindled against Israel, and He gave them over to plunderers, who plundered them. And He sold them into the hand of their surrounding enemies, so that they could no longer withstand their enemies.*



*Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious to me and hear my prayer!*

*O men, how long shall my honor be turned into shame? How long will you love vain words and seek after lies? Selah*

*But know that the LORD has set apart the godly for Himself;  
the LORD hears when I call to Him.*

*Be angry, and do not sin; ponder in your own hearts on your beds, and be silent. Selah*

*Offer right sacrifices, and put your trust in the LORD.*

*But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, 'You fool!' will be liable to the hell of fire.*



Godly conduct is marked  
by purity. (5:1–5)



*Or do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived: neither the sexually immoral, nor idolaters, nor adulterers, nor men who practice homosexuality,*

*nor thieves, nor the greedy, nor drunkards, nor revilers, nor swindlers will inherit the kingdom of God.*

*And such were some of you. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.*



Personal



# Relational





Parental



# Parental

*Beat the culture to the punch*



# Parental

## *Create a conversation*





Parental

*It's only awkward if you  
make it awkward*



Parental  
*Tell a better story*



Godly conduct is  
marked by a discerning  
worldview. (5:6–14)





# Growing in Discernment



# Growing in Discernment

## *Know the Bible*



Growing in Discernment  
*Shine as a light in the darkness*





Growing in Discernment  
*Ask for wisdom*



# Growing in Discernment

## *Behold Christ*





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their Father by walking  
in love and light.

